

## Aesthetic Day Surgery

Aesthetic Day Surgery is licensed as a private day hospital by NSW Health to provide general, sedation and local anaesthesia for patients aged 4 and above.

A quality management system is implemented that complies to the National Safety and Quality Health Service Standards (NSQHSS).

We are committed to providing quality health care including a safe, skilled, caring and supportive environment which safeguards the confidentiality and rights of our patients and their families.

## Feedback

Aesthetic Day Surgery is committed to partnering with consumers to ensure that our policies and procedures meet the needs of our patients and their families. We actively engage with our consumers and welcome their input and feedback to help us provide consumer centred care.

On discharge we send a text message to the mobile phone of patients and carers that contains a link to a short online satisfaction survey. Alternatively, feedback may be provided in writing to our Nursing Director.

Your feedback is important to us and we value your participation.

## Pecuniary Interest

Dr Darrell Perkins and Dr Damian Marucci maintain 100% ownership of Aesthetic Day Surgery.

## ADS is a smoke free environment



(02) 9553 9905  
14 Kensington Street  
Kogarah NSW 2217  
(corner of Montgomery Street)

[aestheticdaysurgery.com.au](http://aestheticdaysurgery.com.au)

## Patient Information



AESTHETIC DAY SURGERY

# Before Admission

Submit your completed preadmission forms as soon as possible prior to the day of surgery. The quickest and easiest method is via the online admission portal on our website [aestheticdaysurgery.com.au](http://aestheticdaysurgery.com.au)

## Informed Financial Consent

Once your forms are received, our Admissions Officer will advise you of any out of pocket expenses from the Day Surgery. You will receive separate accounts from your surgeon, anaesthetist, pathology, pharmacy as appropriate.

You will need to pay any out of pocket Day Surgery expenses on admission. We accept credit cards, Eftpos, bank cheque or cash.

## Pre-operative Telephone Call

Please telephone the Day Surgery the working day before your admission during office hours.

The Admission Officer will confirm with you:

Your arrival time

Your fasting time (if required)

Any special requirements such as special transport or interpreter

General health questions including any allergies

Current medication requirements

For general or sedation anaesthetic patients: who is taking you home and staying with you overnight

Local anaesthetic patients will not necessarily require a discharge support person

Please allow approximately 10 minutes for this call.

# On the Day

## On the Day of Surgery

Shower using normal toiletries

Wear no makeup or nail polish

Wear comfortable, loose fitting clothing

Leave all jewellery and valuables at home

Bring all medications including puffers or glucometer

## On Admission

There are 15 minute spaces in front of the building for drop off (there is no parking available on the premises).

On arrival the Admission Officer will see you to confirm your documentation and collect any out of pocket expenses for the Day Surgery. They will provide your support person with discharge and pickup information as required.

## Nursing Admission

Our nursing staff will prepare you for your procedure. This will include confirming your personal details, health information and consent form.

## Anaesthetic Consultation

For general or sedation anaesthetics, you will be seen by your specialist anaesthetist prior to your procedure.

## Your Operation

You will be seen by your surgeon before the start of the procedure. The nurses will introduce themselves to you, answer any of your questions and make you feel settled. You may be aware of voices, setting up of equipment and other noises.

## Recovery

After your procedure you will be transferred to the recovery room to a bed or recliner where you will be monitored by the nurse. You will be given light refreshments.

## Discharge from Recovery

As required, the nurse will contact your discharge support person to confirm pickup arrangements.

Once fully recovered, you and your carer will be provided post-operative care instructions.

## Patient Collection Following Discharge

Patients having a local anaesthetic may make their own way to their parked vehicle or transport.






Please note there is no parking available at the day surgery and street parking is limited. There are three 15 minute parking spaces in front of the building on Kensington Street as pick up spaces.

Patients undergoing a general or sedation anaesthetic will be escorted to the car in a wheelchair.

## When You Go Home

Allow yourself time to recover and rest during the first 24 hours.

Things to avoid:

-  Driving a car until authorised by your surgeon
-  Signing important documents (for 24 hours)
-  Avoid drinking alcohol / smoking for 24 hours
-  Operating machinery for 24 hours
-  Any strenuous activity until authorised

## Extending Our Care

If you have had a general or sedation anaesthetic, a nurse will contact you at home following your discharge to ensure you are feeling well.

Once at home, if you or your carer have any concerns, please contact the number on your post-operative instruction sheet.