

DR ADRIAN SJARIF

MBBS (Hons), BSc, MS, FRACS

Provider No. 255103RF

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MIRANDA NSW 2228
TELEPHONE: 9525 8400

WOLLONGONG
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WOLLONGONG NSW 2500
TELEPHONE: 4226 6111

AFTER HOURS: 0413 828 414

Post Operative Instructions

EYELID REDUCTION

1. Please take all medications as directed.
2. Sleep on 2 or 3 pillows to keep the head elevated. This will reduce swelling.
3. Avoid bending down. Keep your head elevated at all times.
4. Use cold saline or cold water (boil first then chill) packs frequently to reduce swelling and soothe discomfort.
5. Clean the eyes with a moist cotton bud 3 times a day.
6. **If there is severe pain or visual impairment contact us immediately** – this would be an extremely unlikely occurrence.

For lubrication of the eyes purchase:

Day: “Refresh” or “Murine Revital Eyes” or similar eye lubricant

Night: “Viscotears Liquid Gel”

Please take care when applying lubricant to your eyes not to pull on the upper or lower eyelid wounds

Follow up appointment:

at: Kogarah Rooms Miranda Rooms Wollongong Rooms

If you have any questions or concerns, please contact us on one of the numbers above.

Please see the reverse for possible adverse reactions and drug interactions →

Medication**Possible Adverse Reaction**

Refresh

Murine Revital Eyes

Stinging and burning

Viscotears Liquid Gel

Mild transient burning, sticky eyelids, blurred vision

If you encounter any adverse reaction/s to any of your medications, cease the medication and contact your Surgeon (refer to the Post Operative Instructions sheet) for further advice.

