

DR DARRELL PERKINS

MBBS (Hons), BMedSc, FRACS

Provider No. 2048605W

DARRELL PERKINS
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KOGARAH
AESTHETIC DAY SURGERY
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KOGARAH NSW 2217
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MIRANDA
SUITE 3, LEVEL 4
531 – 533 THE KINGSWAY
MIRANDA NSW 2228
TELEPHONE: 9525 8400

AFTER HOURS: 0408 165 425

Post Operative Instructions

SUB-UMBILICAL LIPECTOMY

1. Please take all medications as directed
2. The abdominal binder dressing may be adjusted for comfort. It is often necessary to undo it and put it on lower down as it tends to ride up

Three days after the operation you may temporarily remove the binder. Do not remove the plastic dressing across the wound(s). You can now shower, and after gently drying the area replace the cotton wool and binder. This can now be done daily until returning to see your doctor

3. Please rest for the first 5 – 6 days after your operation. You may walk around, but do not engage in any strenuous exercise

Follow up appointment:

at: Kogarah Rooms Miranda Rooms

If you have any questions or concerns, please contact us on one of the numbers above.

