

DR DARRELL PERKINS

MBBS (Hons), BMedSc, FRACS

Provider No. 2048605W

DARRELL PERKINS
ABN 34 797 785 470

KOGARAH
AESTHETIC DAY SURGERY
14 KENSINGTON STREET
KOGARAH NSW 2217
TELEPHONE: 9587 0871

MIRANDA
SUITE 3, LEVEL 4
531 – 533 THE KINGSWAY
MIRANDA NSW 2228
TELEPHONE: 9525 8400

AFTER HOURS: 0408 165 425

Post Operative Instructions

HAND OPERATION

1. Keep your hand elevated in a sling, at the level of your shoulder, particularly for the first 2 – 3 days or longer if instructed. It may be removed from the sling but must be kept above the level of your heart to minimise swelling and bruising
2. Take your hand out of the sling several times a day to exercise the elbow and shoulder by raising your arm several times
3. Please report any increasing tingling or progressive loss of sensation in your hand

Follow up appointment:

at: Kogarah Rooms Miranda Rooms

If you have any questions or concerns, please contact us on one of the numbers above.

