

DR DARRELL PERKINS

MBBS (Hons), BMedSc, FRACS

Provider No. 2048605W

DARRELL PERKINS
ABN 34 797 785 470

KOGARAH
AESTHETIC DAY SURGERY
14 KENSINGTON STREET
KOGARAH NSW 2217
TELEPHONE: 9587 0871

MIRANDA
SUITE 3, LEVEL 4
531 – 533 THE KINGSWAY
MIRANDA NSW 2228
TELEPHONE: 9525 8400

AFTER HOURS: 0408 165 425

Post Operative Instructions

BREAST SURGERY

1. Please take all medications as directed
2. **DO NOT TAKE ASPIRIN**
3. Keep the dressing dry and intact until seen by your doctor
4. Please sleep on your back rather than on your side as this will be more comfortable
5. Please restrict your arm movements, and for the first few days try to keep your elbows down at your sides
6. Please rest for the first few days after your operation
7. Notify us if there is excessive pain, swelling or bleeding from the breast

Follow up appointment:

at: Kogarah Rooms Miranda Rooms

If you have any questions or concerns, please contact us on one of the numbers above.

