

# DR DARRELL PERKINS

MBBS (Hons), BMedSc, FRACS

Provider No. 2048605W

DARRELL PERKINS  
ABN 34 797 785 470

KOGARAH  
AESTHETIC DAY SURGERY  
14 KENSINGTON STREET  
KOGARAH NSW 2217  
TELEPHONE: 9587 0871

MIRANDA  
SUITE 3, LEVEL 4  
531 – 533 THE KINGSWAY  
MIRANDA NSW 2228  
TELEPHONE: 9525 8400

AFTER HOURS: 0408 165 425

## Post Operative Instructions

### **BILATERAL AUGMENTATION MAMMAPLASTY**

1. Please take all medications as directed
2. **DO NOT TAKE ASPIRIN**
3. Keep the dressing dry and intact until seen by your doctor
4. Please sleep on your back rather than on your side as this will be more comfortable
5. Please restrict your arm movements, and for the first few days try to keep your elbows down at your sides
6. Please rest for the first few days after your operation
7. Notify us if there is excessive pain, swelling or bleeding from the breast
8. **Please bring your crop top with you to your first post-operative visit**

Follow up appointment: .....

at:  Kogarah Rooms  Miranda Rooms

If you have any questions or concerns, please contact us on one of the numbers above.

