A/PROF DAMIAN MARUCCI

MBBS, BA, PhD, FRACS

Provider No. 206938EX

DAMIAN MARUCCI ABN 36 153 114 832

KOGARAH AESTHETIC DAY SURGERY 14 KENSINGTON STREET **KOGARAH NSW 2217** TELEPHONE: 9588 6374

MIRANDA SUITE 3, LEVEL 4 531 - 533 THE KINGSWAY MIRANDA NSW 2228 TELEPHONE: 9525 8400

AFTER HOURS: 0413 123 155

Post Operative Instructions

SUCTION LIPECTOMY ABDOMEN

- 1. Please take all medications as directed
- 2. The abdominal binder dressing may be adjusted for comfort

Three days after the operation you may temporarily remove the binder and cotton wool. Do not remove the white steri-strips across the wound(s). You can now shower, and after gently drying the area replace the cotton wool and binder. This can now be done on a daily basis until returning to see your doctor

- 3. Please rest for the first few days after your operation. You may walk around, but do not engage in any strenuous exercise
- 4. Avoid putting strain on your abdomen as you would in a "sit up", ie. sitting straight up from lying down. You will need assistance, or roll onto your side and sit up sideways. Similarly, do not lift heavy objects that cause you to strain

Follow up appointment:			
	at:	☐ Kogarah Rooms	☐ Miranda Rooms
If you have any ques	stions or cor	ncerns, please contact us o	on one of the numbers above.





Please see the reverse for garment care instructions \rightarrow

COMPRESSION GARMENT CARE INSTRUCTIONS

use cold/cool water only



do not use fabric softener



use gentle soap



do not place in dryer



hand wash



do not dry clean



do not use bleach



do not iron

