

ST GEORGE PRIVATE HOSPITAL
SUITE 6, LEVEL 3
1 SOUTH STREET
KOGARAH NSW 2217
PH: 02 9553 9188
FAX: 02 9553 1976



ST GEORGE & SUTHERLAND
PLASTIC SURGERY CENTRE

Post Operative Instructions

HAND OPERATION

1. Keep the dressing dry and intact until you see Dr. Knox.
2. Keep your hand elevated in a sling at shoulder level.
3. Take your hand out of the sling several times a day to exercise the elbow and shoulder by raising your arm several times to avoid stiffness.
4. Please make an appointment to see Dr. Knox as advised.

Other:

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Should you experience any difficulty looking after the wound or there are problems with the wound itself, please contact Dr. Knox's office on 9553 9188.

