

ST GEORGE PRIVATE HOSPITAL
SUITE 6, LEVEL 3
1 SOUTH STREET
KOGARAH NSW 2217
PH: 02 9553 9188
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ST GEORGE & SUTHERLAND
PLASTIC SURGERY CENTRE

Post Operative Instructions

FACELIFT

1. Take all medications as directed on medication chart.
2. Sleep on 2 or 3 pillows to keep the head elevated. This will reduce swelling.
3. Avoid bending down. Keep your head elevated at all times.
4. Apply ice packs to the face as much as possible for the first 48 hours, eg. for 20 minutes every 1 – 2 hours.
5. REST ONLY. Do no exercise. Keep cool.
6. Expect some swelling of the face. A small amount of blood ooze through the bandage can also be expected.

Further instructions will be given when we remove the dressings in two days. Please bring a scarf with you to this appointment.

7. Keep the dressing on and dry; maintain sling at all times.
8. Avoid extremes of neck movement.
9. Please make an appointment to see Dr. Knox as advised.

Other:

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If you have any questions or concerns, please contact Dr. Knox at the rooms on 9553 9188

