## DR ADRIAN KNOX MBBS FRACS

PROVIDER NUMBR: 0371519F

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Post Operative Instructions

## **CORRECTION OF PROMINENT EARS**

- 1. Keep crepe bandage dry and intact.
- 2. Sleep with head elevated on 2 3 pillows. Lie on your back rather than your side.
- 3. For pain take oral Panadol, 1-2 tablets four hourly, or other medication as directed.
- 4. Please rest for 48 hours.
- 5. Please make an appointment to see Dr. Knox as advised.

Other:
If you have any questions or concerns, please contact our office on 9553 9188.

Please see the reverse for possible adverse reactions and drug interactions  $\rightarrow$ 



## Medication Possible Adverse Reaction

Panadol (Rare) Stomach upset, nausea, rash

(Paracetamol) [see below]

NB: Paracetamol may be used to treat pain, or temperatures over 38°C. It is not to be used for mild fever, gastroenteritis or as a sedative.

Oral Paracetamol dosage recommendations for children up to puberty: Follow dosage instructions on the packet. In all cases, Paracetamol should not be administered to children up to puberty for more than 48 hours without medical review.

Oral Paracetamol dosage recommendations for adults and children after puberty: Use Paracetamol 4 to 6 hourly, with a maximum of 6 tablets daily, and for no more than 48 – 36 hours for patients of normal or average build. If pain persists seek medical advice before continuing.

All patients taking Paracetamol for extended periods should be aware of the Paracetamol content in over the counter and prescription products that they are taking as there could be an increased risk of liver problems.