DR KELLY THORNBURY

BMedRadSc (DR), BMed, MS, FRACS

Provider No. 400447JF

KELLY THORNBURY ABN 34 797 785 470 KOGARAH AESTHETIC DAY SURGERY 14 KENSINGTON STREET KOGARAH NSW 2217 TELEPHONE: 9588 1022

MIRANDA SUITE 3, LEVEL 4 531 – 533 THE KINGSWAY MIRANDA NSW 2228 TELEPHONE: 9525 8400

AFTER HOURS: 0403 295 136

Post Operative Instructions

WOUND CARE

The local anaesthetic will wear off in 3 – 4 hours. After that you may require Panadol/Panadeine Forte. Avoid Nurofen

Avoid:

- Please do not exercise for 48 hours after your procedure as raising your blood pressure can result in bleeding
- Please avoid alcohol for 24 hours as this can make your wound bleed
- · Avoid swimming in pools or ocean for 2 weeks

Bleeding:

If there is any bleeding please apply firm pressure to the spot for 20 minutes with clean tissues. A cold pack may also help to stop bleeding. Please contact the rooms if bleeding persists

Infection:

If there is any excessive redness, irritation or discharge please contact the rooms immediately. This will not occur before 48 hours. If the rooms are closed please seek medical attention and commence antibiotics

Dressing Management:

	Leave steri strips intact and you can shower over them from 24 hours. Replace as required		
	Dressings to remain dry and intact until removal of sutures		
	Apply Chlorsig ointment to the wound twice a day		
	Remove dressing after 48 hours and apply Chlorsig ointment twice a day		
Follow up:			
1 w	reek:	☐ Kogarah	☐ Miranda
2 w	reeks:	☐ Kogarah	☐ Miranda
Review by Dr Thornbury:		☐ Kogarah	☐ Miranda

